

Exceptional NURSES... Extraordinary CARE



From the
CNO

*Kathleen S. Jose, MSN, RN
Chief Nursing Officer*

Celebrating Nursing

Spring has been a very busy season for Lahey's Nursing Department. We recently held our annual leadership development and strategic planning retreats. With an eye to the future, we met to review, reassess and make plans to strengthen the Nursing Department's alignment with Lahey's mission. In this issue, and in future issues, you will read more about the multidisciplinary programs and initiatives under way throughout the clinic, and how you can participate.

We have also been talking about the next chapter of our Magnet journey. Achieving Magnet recognition has been a tremendous boost for every nurse at Lahey. Yet a journey to excellence never really ends, and a big part of Magnet involves continuous improvement. Our shared governance structure is evolving, and we are focusing on the Magnet domains. Everything we do as nurses fits in some way into the domains defined by the program: Transformational Leadership; Structural Empowerment; Exemplary Profes-

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JUST SAY YES

By Susan Bellofatto, BSN, RN

Last October, my nurse manager, Janet Habeshian, MSN, RN, asked me to be a member of the NICHE (Nurses Improving Care for Healthsystem Elders) Leadership Team and to assist in piloting NICHE on our unit, 7 Central. My first instinct was to say "no" because it would be more work for me and I was afraid I would let people down. However, in the five years I have worked at Lahey, I have never had the opportunity to meet my colleagues who are the people "behind the scenes" making things happen, or to get a glimpse of what a project like this really involves. So, I said "yes," and, although it has involved more work than I initially realized, it has been rewarding both personally and professionally.

From the beginning, our team "clicked." We brought with us a passion for the elderly and a commitment to helping Lahey become a NICHE site. We learned that NICHE is a multidisciplinary approach to elderly care and that our goal was to gradually change the culture of Lahey to think in terms of the specialized needs of the geriatric patient. Who would not want Lahey to be a part of this? I also learned from our nursing leadership team that this initiative paralleled our Magnet goals; as a reflection of our Magnet designation, we always strive to improve patient care.

After a few weeks in the honeymoon phase, I wondered what I had gotten myself into: this was a lot of work! Everyone on the team had to review 14 modules, which required hours of home study per week. This was supplemented with webinars the team attended, teleconferencing discussions and weekly team meetings. As the weeks went on and we plugged away at our assignments, we realized, through group discussions, that our team was well on its way to achieve its goals. We had to complete difficult assignments on time, but we were all enjoying the fruits of our labors, as well as each other's company. In early December, Susan Gordon, ACNP-BC, joined our team as the NICHE Program Leader. Susan had successfully implemented the NICHE program at her previous place of employment. She helped us refine our action plan and look toward the future with very specific goals. On January 7, 2010, after submission of our action plan, we received notification that Lahey Clinic had been awarded the designation as a NICHE site. This news was very exciting for the group, and it made me extremely proud to be a part of this initiative.

I have learned so many new skills, including SWOT (Strengths, Weaknesses, Opportunities and Threats) analyses, vision statements, actions plans, and even how to get funding for projects. I learned that the people "behind the scenes" in the Nursing Department are a wonderful group of experts who are working very hard to make it better for us at

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Nurses Week 2010
Lahey Clinic will celebrate Nurses Week May 6 - 14, 2010.
Please go to page 3 for more details.

Lahey's Team Approach to Stroke Care Achieves Gold

By Deborah Gallegos-Petersen, MS, RN, CNRN

Every year in the U.S., there are more than 795,000 incidences of stroke. Of these, approximately 144,000 people will die, and two-thirds of the survivors will live with moderate to severe disability. In an effort to reduce those numbers, Lahey Clinic took action and became a certified Primary Stroke Service (PSS) in 2005.

In 2006, Lahey received its first recognition by the American Heart Association/American Stroke Association for meeting evidence-based quality performance measures. In 2007, 2008 and 2009, Lahey received the Gold Performance Achievement Award in recognition of the sustained compliance with these same evidence-based measures.

Contributing to this achievement, 6 West Hospital (6WH) provides neuroscience nursing expertise and works in partnership with the Neurology Department, the Stroke Team and the Lahey Clinic Stroke Program Coordinators. In collaboration with the Emergency Department, 6WH Progressive Care and a multidisciplinary team, we strive to provide evidence-based, patient-focused care that yields optimal patient outcomes.

Methods utilized to enhance this collaboration on 6WH include multidisciplinary daily patient rounds performed at the patient's bedside, including 6WH staff nurses and the Neurology team. Additionally, Stroke Program Champion, Becky Chase, RN, BSN, CNRN, and Clinical Educator, Joan Cavanaugh, RN, MHA, CNRN, represent 6WH on the Stroke Program's Quality Review Committee.

The commitment to the development of neuroscience nursing expertise in order to improve clinical outcomes for stroke and all neuroscience patients is evidenced by the combined efforts of 6WH and the Neurology Department in providing a biannual Neuroscience Nursing Certification (CNRN) Preparation Program. Since its inception in 2008, this program has provided education to more than 20 participants and has yielded a total of five CNRNs. It takes teamwork and expertise to achieve and sustain continued performance improvement.

Transitions on the Road to Medication Safety

By Margie Sipe, MS, RN,
Nursing Performance Improvement Innovator

After almost two years, the implementation of BCMA (bar code medication administration) using CareFusion (now called Pyxis Point of Care) is "live" on all inpatient nursing care units. The long and arduous process is a major accomplishment for Lahey Clinic, considering that provider orders are still handwritten and all medication documentation was previously on hand-copied medication administration records (MARs). Many nurses, as well as pharmacy, information technology and vendor specialists, worked collaboratively to make this happen.

A challenge of our current system has been the inability for all users to see the same information in one place at the same time. Although information about medication orders and administrations is recorded electronically, information is "static" and can only be viewed by a separate log-on to the CareFusion application. Once in the application, a number of reports can get you to the information, but no one report contains all the information in an easily viewable and sortable format.

Work is ongoing currently to build and test the new BCMA application called KBMA (knowledge-based medication administration), which will be part of our new Eclipsys EMR (electronic medical record) called "iChart." This application will use bar code scanning technology to verify the five rights of medication administration and document them. The advantage of the new system is that the orders will be viewed from an eMAR (electronic medication administration record) that will be populated by pharmacy-verified orders that have been electronically entered by the provider. Teams of nurses, commonly referred to as "SMEs" (subject matter experts), along with pharmacy, project team and vendor specialists, are working to build and test the new pharmacy application and KBMA module. The many lessons learned through our current BCMA process have enabled us to build our new system in a way that will ensure nurses can seamlessly verify and document medication administration, and will help to provide a smooth transition.

From the CNO

(Continued from page 1)

sional Practice; New Knowledge, Innovations and Improvements; and Empirical Outcomes.

The Nursing Department also recently achieved NICHE designation for Lahey. NICHE stands for Nurses Improving Care for Health-system Elders. Some 300 hospitals nationwide have become part of this program, which provides tools and resources to help educate nurses about the care of older patients. In this issue, Susan Bellofatto, BSN, RN, gives a staff nurse's perspective on the positive professional experiences that have resulted from becoming a NICHE team member and discusses the unique challenges and rewards in caring for geriatric patients in her article "Just Say Yes".

This issue also includes a reminder to participate in the National Database of Nursing Quality Indicators (NDNQI) RN Survey to be held June 7 to June 27. It is important for everyone to participate in this survey as the results help us benchmark our performance against our peers; it is also an important tool to help us find opportunities for improvement.

We celebrate Nurses Week in May, and we've got a full schedule of activities planned at Lahey. One highlight is the Certification Tea held each year to honor nurses who have achieved specialty certification. Another highlight is Nursing Research Day, and I hope that many of you will be able to attend the presentations to hear about the work of your peers and learn how it may help your own practice. I look forward to celebrating Nurses Week with you. Happy spring!

Kathleen S. Joel, RN, MSN

National Nurses Week 2010

National Nurses Week is celebrated annually from May 6, also known as National Nurses Day, through May 12, the birthday of Florence Nightingale, the founder of modern nursing. At Lahey, we are celebrating from May 6 through May 14.



NURSES' WEEK, MAY 6-14 AT LAHEY

THURSDAY May 6	Magnet Designation Flag Raising
FRIDAY May 7	Unit Kick-off Activities – Burlington and North Shore Nursing Research Poster and Podium Presentations, North Shore
MONDAY May 10	Nursing Research Posters on display in the Southeast Lobby, Burlington
TUESDAY May 11	7th Annual Nursing Research Day – Burlington Auditorium Nursing Research Posters on display in the Southeast Lobby, Burlington Wall of Honor Presentation – Burlington Alumni Auditorium, 2:30 – 3:00 PM; Certification Teag, Alumni Conference Room, 3:00 – 4:30 PM
WEDNESDAY May 12	Nursing Research Posters on display in the Southeast Lobby, Burlington Nurses' Week Annual Dinner
THURSDAY, May 13	All Day Continuing Education, <i>Current Trends in Cardiovascular and Stroke Nursing</i> , Burlington Auditorium, 7 AM – 4:30 PM Nursing Research Posters on display in the Southeast Lobby, Burlington
FRIDAY May 14	Nursing Grand Rounds: Magnet Overview, Burlington Auditorium, 12 – 1:00 PM Nursing Research Posters on display in the Southeast Lobby, Burlington

National Database of Nursing Quality Indicators (NDNQI) RN Satisfaction Survey

June 7 – June 27

Online from any PC with Internet access

24 hours a day / 7 days a week

NDNQI provides nurse-sensitive comparative information to health care facilities across the country for use in quality improvement activities. It also develops national data on the relationship between nurse staffing and patient outcomes. The survey provides an opportunity for you to have a positive impact on both your professional practice and the environment in which you work. Join your colleagues in completing the survey. Your voice is valuable!

To learn more, go to FAQ at www.nursingquality.org or call Marianne Moher at 781-744-2315 or Cynthia Fiekers at 781-744-8758.

education CALENDAR

JULY 2010

Unless otherwise indicated, preregistration is required and can be made by calling ext. 8725 or 781-744-8725. We are continually adding to and updating our calendar. Please refer to the Nursing@Lahey Web site for the current Nursing Weekly Calendar.

* = MARN contact hours applied for

1 Med/Surg Pathway: Day 1, Foundations

Time: 9 am to 5 pm
Place: Gordon Skills Lab and Classroom B

6 Professional and Educational Council

Time: 9 to 10:30 am
Place: 3SE Nursing Administration Conference Room

7 Research Roundtable (Journal Club)

Time: 1 to 2 pm
Place: Alumni Auditorium

9 Introduction to EKG

Time: 9 am to 3 pm
Place: Gordon Classroom B

12 Telemetry I – Beginner

Time: 9 am to 5 pm
Place: Gordon Classroom A

13 Nursing Orientation

Time: 8 am to 4:30 pm
Place: Alumni Auditorium

13 Med/Surg Pathway: Day 4, Conditions

Time: 9 am to 5 pm
Place: Gordon Skills Lab and Classroom B

14 Nursing Orientation – Computer and Documentation (RN)/Skills Lab(UAP)

Time: 8 am to 4:30 pm
Place: Gordon Classrooms A, B and Computer Lab

14 Nursing Research Council

Time: 12 to 1 pm
Place: 4 West Conference Room

15 Mandatory Education

Time: 8 am to 12:30 pm
Place: Alumni Auditorium

15 BLS Recertification

Time: 1:15 to 3:30 pm
Place: Gordon Training Room

15 CareFusion Training (Hospital RNs)

Time: 1:30 to 4:30 pm
Place: Gordon CareFusion Training Room

16 Nursing Orientation – RN Skills

Time: 8 am to 4:30 pm
Place: Gordon Classroom A and Skills Lab

20 Telemetry II – Advanced Beginner

Time: 9 am to 5 pm
Place: Gordon Classroom A

23 Nursing Assistant Skills Class

Time: 8 am to 4:30 pm
Place: Gordon Skills Lab

26 Effective Literature Searching: Using Library Resources

Time: 8 to 10:30 am
Place: Gordon Computer Lab

26 Getting the Most Out of Your Reading: Critiquing the Research Literature

Time: 10:45 am to 1:15 pm
Place: Gordon Classroom A

26 Understanding the Numbers in Quantitative Research

Time: 1:30 to 4 pm
Place: Gordon Classroom A

27 Nursing Orientation

Time: 8 am to 4:30 pm
Place: 5C-301 for first hour

28 Nursing Orientation – Computer and Documentation (RN)/Skills Lab(UAP)

Time: 8 am to 4:30 pm
Place: Gordon Computer Lab and Classroom A

28 Nursing Research Fellows

Time: 1 to 5 pm
Place: 4 West Conference Room

29 Mandatory Education

Time: 8 am to 12:30 pm
Place: Alumni Auditorium

29 Newly Licensed Nurse Orientation and Welcome Luncheon

Time: 1 to 4 pm
Place: Alumni Conference Room

29 CareFusion Training (Hospital RNs)

Time: 1:30 to 4:30 pm
Place: Gordon CareFusion Training Room

30 Nursing Orientation – RN Skills

Time: 8 am to 4:30 pm
Place: Gordon Classroom A and Skills Lab

education CALENDAR

AUGUST 2010

Unless otherwise indicated, preregistration is required and can be made by calling ext. 8725 or 781-744-8725. We are continually adding to and updating our calendar. Please refer to the Nursing@Lahey Web site for the current Nursing Weekly Calendar.

* = MARN contact hours applied for

2 CareFusion Training (Newly Licensed Nurses)

Time: 8 am to 12 pm
Place: Gordon CareFusion Training Room

2 Telemetry I – Beginner

Time: 9 am to 5 pm
Place: Gordon Classroom A

3 Professional and Educational Council

Time: 9 to 10:30 am
Place: 3SE Nursing Administration Conference Room

4 Research Roundtable (Journal Club)

Time: 1 to 2 pm
Place: Alumni Auditorium

9 Preceptor Workshop

Time: 8 am to 4:30 pm
Place: Gordon Training Room

10 Nursing Orientation

Time: 8 am to 4:30 pm
Place: Alumni Auditorium

10 Telemetry II – Advanced Beginner

Time: 9 am to 5 pm
Place: Gordon Classroom A

10 BLS Recertification – LCMC, North Shore

Time: 1:30 to 4:30 pm
Place: Conference Room A

11 Nursing Orientation – Computer and Documentation (RN)/Skills Lab(UAP)

Time: 8 am to 4:30 pm
Place: Gordon Computer Lab and Classroom A

11 Nursing Research Council

Time: 12 to 1 pm
Place: 4 West Conference Room

12 Mandatory Education

Time: 8 am to 12:30 pm
Place: Alumni Auditorium

12 BLS Recertification

Time: 1:15 to 3:30 pm
Place: Gordon Training Room

12 CareFusion Training (Hospital RNs)

Time: 1:30 to 4:30 pm
Place: Gordon CareFusion Training Room

13 Nursing Orientation – RN Skills

Time: 8 am to 4:30 pm
Place: Gordon Classroom A and Skills Lab

16 Telemetry III – Intermediate

Time: 9 am to 5 pm
Place: Gordon Classroom A

20 Nursing Assistant Skills Class

Time: 8 am to 4:30 pm
Place: Gordon Skills Lab

23 Telemetry IV – Pacemaker Workshop

Time: 9 am to 1 pm
Place: SICU Conference Room

24 Nursing Orientation

Time: 8 am to 4:30 pm
Place: Alumni Auditorium

25 Wound & Skin

Time: 7:30 to 8:15 am
Place: 3SE Nursing Administration Conference Room

25 Nursing Orientation – Computer and Documentation (RN)/Skills Lab(UAP)

Time: 8 am to 4:30 pm
Place: Gordon Computer Lab and Classroom A

26 Mandatory Education

Time: 8 am to 12:30 pm
Place: Alumni Auditorium

26 Newly Licensed Nurse Orientation and Welcome Luncheon

Time: 1 to 4 pm
Place: Alumni Conference Room

26 CareFusion Training (Hospital RNs)

Time: 1:30 to 4:30 pm
Place: Gordon CareFusion Training Room

27 Nursing Orientation – RN Skills

Time: 8 am to 4:30 pm
Place: Gordon Classroom A and Skills Lab

30 CareFusion Training (Newly Licensed Nurses)

Time: 8 am to 12 pm
Place: Gordon CareFusion Training Room

31 Med/Surg Pathway: Day 1, Foundations

Time: 9 am to 5 pm
Place: Gordon Skills Lab and Classroom B

Congratulations and Welcome



DAISY Award Winners

Congratulations to the following nurses who have received specialty certifications:

Becky Chase, BSN, RN, CNRN, became certified as a neuroscience nurse last fall. Ms. Chase has been a nurse on 6WH since 2002 and also functions in the role as Stroke Champion on 6WH.

Maureen Dubois, BSN, RN, AE-C; Susan Lundin, BSN, RN, AE-C; and Dov Yoffe, BSN, RN, AE-C, who work in the Allergy Clinic, have all been certified as asthma educators.

Ron Makarutsa, BSN, RN, CCRN, from the ICU/CCU, became certified as a Critical Care Nurse.

Welcome and congratulations to the following Advanced Practice Nurses who have been approved for appointment or reappointment:

Ryan C. Bradley, CRNA, Anesthesiology/Hospital-Based Medicine

Carrie G. Cannon, NP, General Internal Medicine/Community Medicine

Patricia A. Connors, CRNA, Anesthesiology/Hospital-Based Medicine

Kristen DeLuca, NP, Emergency Medicine/Surgery

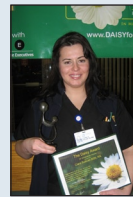
Janet Lorang, NP, Community Medicine/Family Practice, Lynnfield

Pamela J. O'Brien, NP, General Surgery/Surgery

Congratulations to **Nancy Bittner, PhD, RN, CCRN**, **Cynthia Fiekers, BSN, RN**, and **Kathleen Jose, MSN, RN**, who submitted an abstract for consideration at the American Nurses Credentialing Center (ANCC) Magnet Conference to be held October 13-15, 2010. The abstract titled, *Making Connections Between Multiple Data Sources to Improve Nurse Satisfaction and Retention*, has been accepted as a poster presentation. This is truly an achievement as over 1600 abstracts were received and reviewed, six times more than could be accepted for presentation.

JANUARY 2010

Ciara Sullivan, BSN, RN, 6 West Hospital



Linda Caves, RN, nominated Ciara Sullivan. Ms. Caves wrote: "Ciara heard me on the phone and didn't hesitate to volunteer to stay for me. If she had not done this, I wouldn't have been able to leave and be with my family (during a very difficult time). Ciara's action showed not only dedication to her job but compassion. Being a nurse, teamwork is everything, and that day Ciara proved herself to be a real team player who truly cares about her fellow workers. This shows that she is not only committed to her profession but also to her coworkers."

FEBRUARY 2010

Eileen Allosso, MS, APRN-BC



Ann Camac, MD, who nominated Ms. Allosso, wrote: "Eileen sets the highest personal standard for herself. She transfers this same high standard to patient care and to the neurology team day in and day out. She is an integral and valued member of the neurology team and is a superb patient advocate. Bravo, Eileen, on your well-deserved reward!"

MARCH 2010

Sheila Baxter, BA, RN, CEN



Pearl Joyce, BSN, RN, nurse manager of the Emergency Department, wrote: "The Daisy Award celebrates commitment, extraordinary clinical skills and compassionate care. Having joined the Lahey Clinic staff in 1980, Sheila Baxter has exhibited each of these qualities to the utmost, and more, for the past thirty years. Over the course of these years, Sheila has progressed from a part-time staff nurse to the Assistant Nurse Manager, while also functioning as the sole Emergency Department Manager for a substantial period of time while that position was vacant. These qualities aside, it is her dedication and commitment that demonstrate Sheila is a worthy Daisy Award recipient."

Welcome TO LAHEY CLINIC

Welcome to the following nursing staff who recently began working at Lahey Clinic:

Katharine Belmonte, RN, 5W

Maura Bernasconi, BSN, RN, Davita

Renee Boutiette, BSN, RN, 5W

Terri Burnell, RN, ICU/CCU

Courtney Buttery, BSN, RN, 6WH

Robin Calderwood, LPN, GI Clinic

Amanda Campbell, RN, 5WH

Danielle Clabaugh, RN, 6E

Nicole Coviello, BSN, RN, ICU/CCU

Tania DaSilva, RN, Davita

Lindsey Dionne, RN, 7SE

Jessica Gearin, BSN, RN, Davita

Laurie Glass, LPN, 6W

Sandra Hiney, ASN, RN, OCN, Hemonc

Sandra Kepko, RN, Davita

Lisa Kulesza, RN, Anticoag

Beth Lapierre, RN, 6E

Linda Macken, BSN, RN, Behavioral Medicine

Nancy Mallory, RN, 7C

Jeanna Marcotte, RN, 7C

Monica McNally, BSN, RN, Transplant

Ellen Muise-Repke, BSN, RN, OR LCN

Kimberly Noumi, RN, 6EH

Vanessa Ransom, RN, 6C

Donna Ripley, BSN, RN, 6W PCU

Iruthaya Antony Samy, BSN, RN, 6C

Cristina Sanchez, BSN, RN, ICU/CCU

Liz Thomas, RN, 6W

Shannon Thorpe, RN, Amb PACU, LCN

Lisa Valley-Shah, RN, Endo

Jeannine Voveris, BSN, RN, Lahey Clinic Urology of Nashua

Janet Walters, BSN, RN, PACU LCN

Magnet Nursing Research Outcomes

By Ann M. Dylis, PhD, RN, Nurse Research Scientist

In the November/December 2009 issue of *Notes on Nursing*, I wrote about sustaining research excellence after Magnet designation and spoke about the new Magnet Model. According to *New Knowledge, Innovations, and Improvements*, the domain that speaks to research and evidence-based practice outcomes, organizations must describe the “structure and processes used to develop, expand, and/or advance nursing research” (American Nurses Credentialing Center, Magnet Recognition Program Application Manual, 2008, p. 50).

The Research Fellows Program, one of the key components of our Magnet exemplary nursing research initiatives, is one such process by which we *expand and advance* nursing research

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iChart Update

Your iChart Subject Matter Experts (SMEs) have spent the last several months validating the electronic nursing documentation in preparation for iChart. Validation is the process whereby clinical nurses look at documentation content in iChart and verify that it is consistent with or better than our practice. In April, their role transitioned to testing the content that they have been validating.

This hands-on work with the system provides them with a sound knowledge base that supports their future roles as super-users.

You are represented by:

Laura J. Asquith, RN, PACU
Karen J. Clinton, BSN, RN, MICU
Cheryl L. Fallica, BSN, RN, SICU
Catherine A. Geras, BSN, RN, 6W
Rachel S. Greer, BSN, RN, 7W
Colleen E. Helein, RN, ICU
Elizabeth N. Kiarie, BSN, RN, 6WPCU
Catherine A. Lundeen, RN, CCU
Linda M. McCarron, MS, RN, 7E
Erin M. McGonagle, BSN, RN, 6C
Judith E. Palmatier, AS, RN, SICU
Amy L. Richards, BSN, RN, 7C
Rita J. Ross, BSN, RN, 5W
Cynthia S. Ruddock, RN, Lahey Clinic North Shore
Erin M. Woodhill, BSN, RN, 6/7SE

Speak with your unit representative. There is much more to come!

JUST SAY YES

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Lahey. They respect the opinion and the role of the staff nurses and have much to offer us. I now have a much better idea of what some of their jobs involve and just how hard everyone works. In fact, when planning our next meeting date, it took approximately 10 minutes for all of us to coordinate our very full daily planners.

Our NICHE team included nursing experts that all played an integral role as we began our journey. Gayle Gravlin, EdD, RN, NEA-BC, Associate Chief Nurse, Nursing Education, Research and Professional Development, ran the meetings smoothly and always remembered to thank us for the hard work we are doing. She respected my role as a staff nurse and always valued my opinion. Dr. Gravlin had an endless list of things for our committee to do, but her passion for the NICHE program was contagious and she inspired us all to persevere. Ann Dylis, PhD, RN, Nurse Research Scientist, was our research expert and was responsible for the Institutional Review Board (IRB) proposal related to our NICHE initiative. Alison O'Brien, MSN, RN, Senior Education Coordinator, was the first colleague to attend Geriatric Resource Nurse (GRN) training. She will continue to be a great resource for nursing education as our NICHE program rolls out to other units. Colette April, APN, Psych Clinical Nurse Specialist, addressed protocol development for the patient with delirium. Cathy Reardon, BSN, RN, Case Manager, was trying to make the discharge process smoother for patients and was

working closely with the transition project. Diane Currier, ASN, RN, Assistant Nurse Manager, provided expertise to the committee concerning the logistics of making the pilot work on 7 Central. Janet Habeshian was always able to put our hard work into words, so she became our spokesperson at all the teleconferencing sessions, always eloquently stating our priorities and goals, keeping them in line with the philosophies of Lahey as a true manager should. Lastly, Susan Gordon provided a wealth of knowledge about the NICHE program.

My conclusion is that, yes, things do get accomplished at meetings and, yes, people are working very hard behind the scenes to make things better for patients and nurses. My suggestion to nurses is to network, get involved and don't be afraid to participate. We have an abundance of resources available at Lahey and our input is valued.

The other thing I gained from this experience is that I don't feel like a little fish in a big pond anymore. I feel like I can make a difference, that my opinion matters and that I am an important part of Lahey Clinic. I am very proud to have the respect of the group that I, in turn, respect so much. I even find that this experience has given me more confidence on my unit as well as in my personal life, and, as an extra bonus, I have made new friendships at Lahey.

So, you never know what is around the corner and what can happen if you just say yes.

Notes on Nursing

Lahey Clinic
41 Mall Road
Burlington, MA 01805

Exceptional NURSES... Extraordinary CARE

Magnet Nursing Research Outcomes

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at Lahey. Eight 2010 fellows, the largest class since the Fellows Program started in 2007, join our 15 current nursing fellows. They include:

- Patricia Baum, BSN, RN, Cardiology Research Nurse
- Debra Lowry, MS, RN-NP, Clinical Educator, 6 East
- Carol Mannone, MSN, RN, Ambulatory Clinical Educator
- Maureen F. McLaughlin, MS, RN, CPAN, CAPA, Clinical Educator, PACU
- Patrice M. Osgood, MS, BSN, RN, CNOR, Nurse Manager, Operating Room
- Debralee Quinn, MSN, RN-BC, CNN, Clinical Educator, Nursing
- Paula R. Rock, MSN, RN, Clinical Educator, Ambulatory Services
- Deborah Sullivan, MS, APRN, BC, Cardiovascular Prevention/ Rehabilitation

Another Magnet expectation is that Magnet facilities act as mentors to those on the Magnet journey by sharing and disseminating their programs and successes. To this end, we are very proud to announce that Lahey nurses submitted nine different abstracts to be considered for presentation at the October 2010 National Magnet Conference in Phoenix. Abstract topics include Magnet Champions, Technology in Nursing Education, Fellows Program, Performance Improvement in the Cardiac Catheterization Holding Area, Smoking Cessation, NICHE, NDNQI, Surgical Services Research Study, and Bar Coding in Medication Administration. Please join me in acknowledging such a tremendous achievement in our first year of Magnet designation. This is one of the many tangible examples of why we have Magnet status!

EDITOR

Janet Habeshian, MSN, RN

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Notes on Nursing at Lahey Clinic is a newsletter for and by nurses. Our goal is to communicate important information. We invite all nursing colleagues to share stories about their professional practice, unit successes and performance improvement projects. Send e-mail to Notes.On.Nursing@Lahey.org, or write to us care of Notes on Nursing, Nursing Administration, Lahey Clinic, 41 Mall Rd., Burlington, MA 01805.

Notes on
NURSING
at lahey clinic
MAY/JUNE 2010