

Chronic Obstructive Pulmonary Disease

Seminar Series



The COPD Center offers a seminar series that is designed to educate and inform the public about Chronic Obstructive Pulmonary Disease (COPD). Each session will include two topics with lecturers drawn from various departments at Lahey Hospital & Medical Center, with the view that COPD is a complex disease that is best managed by experts from a variety of disciplines. The lectures are free to the public and all patients, families and caregivers are encouraged to attend.

**Location: 41 Mall Road
5 East Steane
Conference Room
Burlington, MA 01805**

**Free parking is
available.**

**April 25, 2014
10 am - 12 pm**

Topic 1: Introduction to COPD:
Chip Gatchell

Topic 2: What is COPD?
Timothy Wu, MD

**May 2, 2014
10 am - 12 pm**

Topic 1: Medications for COPD:
Leslie Mitchell

Topic 2: COPD: Are There Non-
Medical Interventions?
Timothy Wu, MD

**May 9, 2014
10 am - 12 pm**

Topic 1: Smoking Cessation:
Margaret Russo

Topic 2: Everything You Wanted
to Know about Oxygen
and Pulmonary Function
Testing:
Lissa Judd/David Muise

**May 16, 2014
10 am - 12 pm**

Topic 1: COPD and Rehabilitation:
Jon Kelley, PT

Topic 2: Diet and COPD:
Holly A. Williams, RD

**May 23, 2014
10 am - 12 pm**

Topic 1: Coping with Lifestyle and
Psychological Challenges
Related to COPD:
Jonathan Metcalf, MSW, LICSW

Topic 2: Living Proactively with
COPD: Planning for
the Future:
Lisa A. Catalano, LICSW

**May 30, 2014
10 am - 12 pm**

Conclusion

Topic: Additional information on
oxygen equipment, POCs &
concentrators, your caregiver
and where to get additional
support: *Chip Gatchell*



**Lahey Hospital
& Medical Center**

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Lahey.org