

Helpful Resources for Patients with Cancer



Sophia Gordon Cancer Center



Lahey
CLINIC

This brochure lists some resources you and your family may find helpful during your cancer treatment. If you have any questions about this brochure, please call Pam Reznick at 781-744-8113.

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◀ Lahey Support and Education Services

- **Psychosocial Support** (connects patients to resources and helps with financial, emotional and social concerns): Pam Reznick at 781-744-8113 (Burlington) or Deborah Smulian-Siegel at 781-744-7779 (Peabody)
- **Outpatient Counseling** (Department of Psychiatry and Behavioral Medicine): 781-744-8610
- **Spiritual Support** (Chaplaincy Department): 781-744-8800
- **Palliative Care** (supportive care aimed at controlling symptoms and improving quality of life): 781-744-7011
- **Patient Education**
 - **Cancer Resource Room** (for educational materials): Located on 3 Southeast, open 8:30 am to 5 pm
 - **Additional Resources:** Nellee Fine at 781-744-3132
- **Ostomy Support:** Donna Loehner and Kerry Casey at 781-744-2694

◀ Support Groups

Lahey Clinic offers many support groups, such as those listed below, for patients with cancer. For information on current groups, call Pam Reznick at 781-744-8113 (Burlington) or Deborah Smulian-Siegel at 781-744-7779 (Peabody), unless otherwise noted:

- Breast Cancer Support Group for patients newly diagnosed with breast cancer
- Warm Hugs Project (support to newly diagnosed patients with breast cancer when they are discharged from Ambulatory Surgery at Lahey Clinic, North Shore)
- Breast Cancer Support Group for women who have been living with breast cancer






- Look Good/Feel Better Program (free professional help using cosmetics to hide appearance-related side effects from chemotherapy or radiation)
- Carcinoid Cancer Support Group (location alternates between Lahey Clinic and Dana Farber)
- Brain Tumor Support Group (call Michele Lucas at 617-726-1061)
- Ostomy Support Group (run by the Ostomy Association of Boston; call Beth Abelow at 617-522-0920)

For more information on support groups near you, call the American Cancer Society at 1-800-227-2345.

◀ Senior Services

The following agencies can arrange for Meals on Wheels, household help, transportation and other services:

- **Minuteman Senior Services:**
781-272-7177 (serves Acton, Arlington, Bedford, Boxborough, Burlington, Carlisle, Concord, Harvard, Lexington, Lincoln, Littleton, Maynard, Stow, Wilmington, Winchester and Woburn)
- **Mystic Valley Elder Services:**
781-324-7705 (serves Everett, Malden, Medford, Melrose, North Reading, Reading, Stoneham and Wakefield)
- **Greater Lynn Senior Services:**
781-599-0110 (serves Lynn, Lynnfield, Nahant, Saugus and Swampscott)
- **Elder Services of Merrimack Valley:**
978-683-7747 (for people aged 60 and older in many towns of the Merrimack Valley)
- **North Shore Elder Services:** 978-750-4540
(serves Danvers, Marblehead, Middleton, Peabody and Salem)

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- **Springwell:** 617-926-4100 (serves Belmont, Brookline, Needham, Newton, Waltham, Watertown, Wellesley and Weston)
 - **Massachusetts Elderline:** 1-800-243-4636
 - **SHINE:** 781-221-7029 (offers health insurance counseling for seniors)



◀ **Transportation**

- **American Cancer Society Road to Recovery Volunteer Driver Program:** 1-800-227-2345 (ask for your local office)
- **MBTA The Ride:** 617-222-5123
- **Lexpress (Lexington's bus service):** 781-861-1210
- **Roadrunner (for residents in the Lowell Regional Transit area):** 978-459-0152
- **If you have MassHealth and need help with transportation, call Pam Reznick at 781-744-8113.**

◀ **Private Pay Home Care**

- **ABC Homecare:** 781-665-0119
- **Associated Home Care:** 978-922-0745
- **Best Home Care:** 781-224-3600
- **Metropolitan Home Care:** 781-643-9115
- **Minutewoman Home Care:** 781-862-3300
- **Partners Private Care:** 617-267-5858
- **Privatus:** 617-275-4050

◀ **Emergency Response System**

- **Caregivers Plus (an emergency response button for those who live alone):** 781-937-0310

◀ **Breast Prostheses**

- **Lady Grace,**
Malden: 781-322-1721
Danvers: 978-774-7141
- **New England Hair Illusions and Breast Form Clinic,** Tyngsboro: 978-649-7228
- **The Women's Image Center,**
Leominster: 978-534-0200
Worcester: 508-754-8705

For a complete list of suppliers, call the American Cancer Society at 1-800-227-2345.

◀ **Wigs**

- **American Cancer Society Wig Bank** (free wigs): 1-800-227-2345
- **Carolyn's Wigs,** Wakefield: 781-246-2818
- **Hairmate Salon,** Woburn: 781-938-0495
- **New England Hair Illusions and Breast Form Clinic,** Tyngsboro: 978-649-7228
- **Nick George's Hair Studio,** Danvers: 978-750-8200
- **The Women's Image Center,**
Leominster: 978-534-0200
Worcester: 508-754-8705

For a complete list of suppliers, call the American Cancer Society at 1-800-227-2345.

◀ Financial Matters

Insurance Information

If you have limited or no insurance, or have a billing question, call 781-744-8815. If you have other questions about financial resources, call Pam Reznick at 781-744-8113 or Deborah Smulian-Siegel at 781-744-7779.

Prescription Programs (for those with limited or no insurance coverage for medicines):

- **Prescription Advantage** (for patients who are disabled or aged 65 and older): 1-800-243-4636, ext. 2
- **Programs through pharmaceutical companies:** www.needymeds.org

The Harpley Fund

The Harpley Fund at Lahey Clinic is an endowment established by Betsy Harpley and her daughters in memory of her husband and their father, Theodore Raymond Harpley. It helps cancer patients and their families pay for additional care (like personal care attendants, or room and board at a hospice house). For information, call Pam Reznick at 781-744-8113.

The Ellie Fund

The Ellie Fund provides funding and resources for women and families who are undergoing breast cancer treatment in Massachusetts. For information, call 781-449-0100 or visit www.elliefund.org.



◀ Other Health Information

- **American Cancer Society:** 1-800-227-2345, www.cancer.org
- **Breastcancer.org:** www.breastcancer.org
- **CancerCare:** 1-800-813-4673, www.cancercare.org
- **Leukemia and Lymphoma Society:** 1-800-955-4572, www.leukemia.org
- **Lung Cancer Alliance:** 1-800-298-2436, www.lungcanceralliance.org
- **National Cancer Institute:** 1-800-422-6237, www.cancer.gov
- **National Ovarian Cancer Coalition:** 1-888-682-7426, www.ovarian.org
- **Pancreatic Cancer Action Network:** 1-877-272-6226, www.pancan.org
- **People Living With Cancer:** www.cancer.net
- **Social Security Hotline:** 1-800-772-1213
- **Us Too** (prostate cancer support group): 1-800-808-7866, www.ustoo.com



◀ Contact Information

Hematology and Oncology

Hours: Monday–Friday, 8 am–5 pm

Phone: 781-744-8400 (Burlington);
978-538-4330 (Peabody)

Radiation Oncology

Hours: Monday–Friday, 7:30 am–5 pm

Phone: 781-744-8780 (Burlington);
978-538-4120 (Peabody)

If you would like to reach us after hours or on the weekends, call 781-744-5100 and ask for the oncologist on call.

We also offer cancer services at Parkland Medical Center in Derry, NH. Please call 603-537-2060.

Parking: Parking will be validated for patients receiving cancer treatment in Burlington. You can park in the main parking garage or in the lot at the Trump Building (if you are going to Radiation Oncology). Paid valet parking is also available, but is not validated.



www.cancercare.lahey.org