

Examination Guidelines for New and Returning Patients:

AGE:	UNDER 40	40–49	50+
MALE ANNUALLY:	<ul style="list-style-type: none"> Preventive Exam and Result Visit Extensive Blood Work and Specimens Ophthalmology Exam EKG Dermatology Evaluation 	<ul style="list-style-type: none"> Preventive Exam and Result Visit Extensive Blood Work and Specimens CRP High Sensitivity Prostate Specific Antigen Ophthalmology Exam Hearing Screening (pure tone audiometry) Stress Test Dermatology Evaluation 	<ul style="list-style-type: none"> Preventive Exam and Result Visit Extensive Blood Work and Specimens CRP High Sensitivity Prostate Specific Antigen Ophthalmology Exam Hearing Screening (pure tone audiometry) Chest X-Ray Stress Test Colonoscopy* Dermatology Evaluation
	MAY BE REQUESTED: <ul style="list-style-type: none"> Hearing Screening (pure tone audiometry) Chest X-Ray Colonoscopy* 	<ul style="list-style-type: none"> Chest X-Ray Colonoscopy* 	
FEMALE ANNUALLY:	<ul style="list-style-type: none"> Preventive Exam and Result Visit Extensive Blood Work and Specimens Cytopathology, cervical or vaginal (Pap smear) Ophthalmology Exam EKG Dermatology Evaluation 	<ul style="list-style-type: none"> Preventive Exam and Result Visit Extensive Blood Work and Specimens CRP High Sensitivity Cytopathology, cervical or vaginal (Pap smear) Ophthalmology Exam Hearing Screening (pure tone audiometry) Stress Test Mammography Screen, bilateral Dermatology Evaluation 	<ul style="list-style-type: none"> Preventive Exam and Result Visit Extensive Blood Work and Specimens CRP High Sensitivity Cytopathology, cervical or vaginal (Pap smear) Ophthalmology Exam Hearing Screening (pure tone audiometry) Chest X-Ray Stress Test Bone Density Mammography Screen, bilateral Colonoscopy* Dermatology Evaluation
	MAY BE REQUESTED: <ul style="list-style-type: none"> Hearing Screening (pure tone audiometry) Chest X-Ray Colonoscopy* 	<ul style="list-style-type: none"> Chest X-Ray Bone Density Colonoscopy* 	
BY PHYSICIAN REQUEST (FOR ALL AGES AND GENDERS):	OPTIONAL TESTS <ul style="list-style-type: none"> Stress Echocardiogram Echocardiogram CT Scan Cardiac Score CT Scan Coronary Angiogram CT Scan Chest CT Scan Abdomen and Pelvis CT Scan Whole Body Carotid Ultrasound Abdominal Ultrasound Breast Ultrasound Breast MRI Peripheral Arterial Study Pulmonary Function Test Speech Audiology Threshold Audiology Threshold Evaluation HIV CA 125 		OPTIONAL CONSULTS <ul style="list-style-type: none"> Orthopaedic and Sports Medicine Evaluation Nutrition Counseling Exercise Physiology Assessment Stress Management, Smoking Cessation, and other Behavior Modification Programs Neuroscience Evaluation Plastic and Reconstructive Surgery Consultation Sleep Disorders Consultation Voice and Swallowing Evaluation Travel and Tropical Medicine Consultation (immunizations and medical service)

*If first colonoscopy is negative and there is no family history, the test does not need to be performed for another 5 to 10 years, in the absence of symptoms.