

Common Questions About the Psychological Evaluation

Why involve a psychologist?

1. Psychological factors may affect
 - Your readiness for bariatric surgery
 - Your emotional and behavioral adjustment after surgery
2. To answer questions about emotional impact of surgery
 - Emotional preparation improves satisfaction and adjustment after surgery

Why does the psychologist ask personal questions?

1. To learn about emotional factors that might influence pre- and post-surgical adjustment
2. To identify your social support system
3. To understand any history of psychological treatment

What if I am in psychological treatment or on psychiatric medications? Can I still be a candidate for bariatric surgery?

1. Yes, if you are emotionally stable with treatment.
2. We suggest that you stay in treatment.
3. We may ask for permission to speak with your treating clinician.

What if I have an untreated emotional problem?

1. If the problem might interfere with the outcome of bariatric surgery, the psychologist and other members of the team will work with you to find resources to stabilize the problem