

Lahey Clinic Internal Medicine Residency Program: Curriculum for Psychiatry and Behavioral Medicine

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Overall Educational Purpose and Goals

To provide Internal Medicine residents an educational experience in the assessment and management of common psychiatric problems encountered in a general internal medicine practice and understand the protean ways that such problems may present to a general internist.

Program Organization

Residents have several venues for exposure to psychiatric concerns

- 1) All residents participate in psychiatric rounds with an attending psychiatrist during their ambulatory block rotations. Patients with psychiatric concerns are presented and discussed in a group setting once or twice per rotation
- 2) All internal medicine residents participate in a continuity clinic, during which common psychiatric problems are discussed and patient management plans are generated
- 3) Interactions with the inpatient psychiatric consult service for treatment and management of behavioral issues
- 4) Didactic conferences are dedicated to topics of depression, anxiety, panic disorder, eating disorders and adolescent medicine

Teaching Goals

- To provide medical residents an opportunity to evaluate and treat common psychiatric problems likely to be encountered in an internal medicine practice
- For residents to understand the role of a behavioral medicine consultant in the care of the medical patient
- For residents to be able to perform and report a focused history on a patient with psychiatric concerns
- For residents to understand the indications for prescribed medications for the treatment of common psychiatric problems

Principle Educational Goals Based on the ACGME General Competencies

In the tables below, the principle educational goals for the Psychiatry and Behavioral Medicine curriculum are listed for each of the six ACGME competencies

- 1) Patient Care
- 2) Medical Knowledge
- 3) Practice-Based Learning and Improvement
- 4) Interpersonal and Communication Skills
- 5) Professionalism
- 6) Systems-Based Practice

The abbreviations for the types of learning environments and evaluation methods are defined below.

Learning Environments:

APR Ambulatory psychiatric rounds
HBS Hospital-based service
MCC Medicine continuity clinic
DS Didactic sessions

Evaluation Methods:

GA Global assessment
CP Case presentations to attending
MCX Mini-CEX

1) Patient Care

Objective	Learning Environment	Evaluation Method
Perform a focused psychiatric exam with particular attention to patient's complaints and functional ability	APR MCC DS	GA MCX CP
Formulate a management plan	APR MCC DS	GA MCX CP
Clearly document patient management in the medical record	APR MCC DS	GA MCX CP

2) Medical Knowledge

Objective	Learning Environment	Evaluation Method
Recognize the presenting symptoms of common psychiatric problems, including but not limited to: <ul style="list-style-type: none"> ▪ Depression 	APR MCC DS	GA CP MCX

<ul style="list-style-type: none"> ▪ Anxiety and panic disorder ▪ Somatization disorder ▪ Substance abuse 		
Formulate differential diagnosis for common psychiatric diseases	APR MCC DS	GA CP MCX
Use diagnostic and therapeutic options appropriately	APR MCC DS	GA CP MCX
Recognize when patient needs referral to behavioral medicine	APR MCC DS	GA CP MCX

3) Practice-Based Learning and Improvement

Objective	Learning Environment	Evaluation Method
Be able to perform a literature search to answer clinical questions	APR	GA
Identify deficiencies in knowledge base and develop independent means to address them	OC HBS MCC	GA

4) Interpersonal and Communications Skills

Objective	Learning Environment	Evaluation Method
Communicate effectively and compassionately with patients	APR MCC DS	GA MCX
Effectively communicate patients' needs to other providers	APR MCC DS	GA MCX
Facilitate functioning of multidisciplinary team	APR MCC DS	GA

5) Professionalism

Objective	Learning Environment	Evaluation Method
Interact with patients, colleagues and hospital staff in a respectful manner	APR MCC DS	GA CP
Maintain patient confidentiality and HIPAA guidelines	APR MCC DS	GA CP

6) Systems-Based Practice

Objective	Learning Environment	Evaluation Method
Understand the role of multidisciplinary care for the management of patients with psychiatric problems	APR MCC DS	GA MCX CP
Understand appropriate referrals for psychiatric care	APR MCC DS	GA CP