



**Lahey Outpatient Center**  
Lexington

**SERVICES**

# Cosmetic and Laser Surgery



Cosmetic and Laser Surgery at Lahey Outpatient Center, Lexington, uses the most advanced anti-aging treatments and technologies to restore the younger, more vibrant you. Our board-certified plastic surgeons and cosmetic dermatologists, licensed laser nurses and medical aestheticians are skilled in providing a full range of skin care treatments, as well as cosmetic and surgical procedures. They will work with you to develop a customized treatment plan that reflects your unique cosmetic needs.

## Skin Rejuvenation Services

### **Microdermabrasion**

**\$150**

The latest in skin exfoliation, microdermabrasion treatments can accomplish what no other non-surgical procedure can in combating fine lines and wrinkles, sun damage, enlarged oily pores and acne scarring.

### **MicroPeel®**

**\$70**

The Micropeel® (also known as glycolic acid peel) is a three-step process that removes a micro-thin layer of skin. The skin is exfoliated and stimulated using physical or enzymatic exfoliation, alpha-hydroxy acid solution and cryogenic therapy.

### **MicroPeel® Plus**

**\$80**

The MicroPeel® Plus is an advanced version of the standard MicroPeel treatment that stimulates cellular turnover through the application of salicylic acid.

### **Ultrasound Facial Treatment**

**\$125**

The ultrasound facial treatment improves blood circulation and acneic skin, increases cell regeneration and moisture retention, and reduces pore size. It also enhances the penetration of specialized topical nutrients into the skin.

### **Soothing Hand Treatment** (*complimentary with a skincare treatment*)

While you receive skin rejuvenating services, enjoy a moisturizing treatment to rejuvenate aging or overworked hands.



## Cosmetic Services

### Botox® Cosmetic

Botox is a quick, nonsurgical treatment used to soften or eliminate forehead creases, frown lines and crow's feet. Injecting Botox into specific muscle groups responsible for facial wrinkling causes those muscles to relax, thereby leaving the skin looking smoother and more youthful.

### Injectable fillers

Fillers are a popular therapy used to correct deep lines in the face. They serve as a camouflage and are useful for patients who have deep folds or lines. Fillers can also be used to give the lips a fuller, more youthful contour. We offer:

- Belotero®
- Juvéderm®
- Radiesse®
- Juvéderm Voluma®
- Collagen
- Restylane®
- Sculptra®

### Sclerotherapy

Sclerotherapy is a method of eliminating superficial telangiectasias on the legs, more commonly known as spider veins. A solution is injected into the veins, which causes the veins to collapse and disappear.

## Non-Surgical Procedures:

### Coolsculpting®

CoolSculpting® is a non-surgical contouring treatment that freezes stubborn fat, which is then naturally eliminated from the body. There are no needles, no surgery and no downtime. This technology safely delivers precisely controlled cooling to gently and effectively target the fat cells underneath the skin. The treated fat cells are crystallized (frozen), then die. Changes may be seen as early as three weeks after your treatment.

### Ultherapy®

Ultherapy® is a non-invasive ultrasound procedure that stimulates the collagen and elastin within the skin. It lifts and tightens the skin and treats the same deep tissue planes as a modern facelift-non-surgically, with no downtime. It is safe for all skin colors and is a great option for patients with mild to moderate skin laxity.

## Surgical Procedures

We are dedicated to cosmetic enhancement and offer a comfortable and pressure-free environment for patients to explore their cosmetic surgery options. Our board-certified physicians are recognized as being among New England's most trusted practitioners of cosmetic, reconstructive and laser surgery.

We offer an array of surgical procedures, including:

- Arm tuck
- Body contouring
- Breast enlargement/augmentation
- Breast lift
- Breast reduction
- Brow/forehead lift
- Cheek augmentation
- Chin augmentation
- Ear reconstruction
- Eyelid lift
- Face lift
- Liposuction
- Neck lift
- Nose reshaping
- Thigh/buttock lift
- Tummy tuck

## Skin Care Products and Cosmetic Makeup

### Skin Care Products

Our skin care products are tailored to meet the needs of each patient and are clinically proven to correct the appearance and condition of the skin. We offer several outstanding lines, including:

- Elta MD
- Latisse®
- Neostrata®
- Neotensil™
- iS Clinical®
- SkinCeuticals®
- OBAGI®

### Cosmetic Makeup

Jane Iredale's micronized mineral makeup is non-comedogenic (will not clog pores) and oil free. This product line is excellent for all skin types—including sensitive skin. We offer makeup instruction and application, carefully choosing the best colors to enhance your beauty.

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|--|------|
| • Basic Color Match Consultation               | \$25 |
| • Camouflage Makeup Consultation/Application   | \$50 |
| • Private one-hour instruction and application | \$75 |

## **Laser Therapy**

The V-Beam Perfecta & the Alex TriVantage Lasers are the latest advancements in laser technology. Our lasers provide services to treat a variety of conditions:

- Birthmarks
- Brown spots
- Facial veins
- Lentigines
- Port wine stains
- Rosacea
- Spider veins
- Tattoo removal
- Vascular lesions

## **Fraxel Laser Treatment**

Fraxel Laser Treatment is the latest approach to treating aging and sun damaged skin. It decreases fine lines and wrinkles, age and sunspots, acne and surgical scarring, and melasma. Fraxel can treat the full face, neck, chest and hands, and recovery time is minimal.

## **Laser Hair Removal**

We use the Gentle MaxPro laser to remove unwanted hair for permanent hair reduction. The laser is safe, effective, creates minimal discomfort and requires little recovery time. Hair removal may require several treatments, at intervals of four to eight weeks. Please call for pricing.

We offer a complimentary consultation with any laser hair removal service.



## **Helpful Information**

### **On your appointment day:**

Plan to arrive 10 minutes early to complete registration and necessary paperwork.

### **Cancellations:**

Because of our commitment to providing the best possible care to our patients, we require 24 hours advance notice to reschedule or cancel an appointment.

### **Gratuities:**

We do not accept gratuities, however, we welcome your feedback and encourage you to refer friends.

**For more information regarding our services, call 877.867.0707 or visit [Lahey.org/CosmeticSurgery](http://Lahey.org/CosmeticSurgery).**



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