

DEPARTMENT OF MEDICINE
PRESENTS

Topics in Internal Medicine

October 23 – 25, 2020

Virtual Conference

Beth Israel Lahey Health



Lahey Hospital & Medical Center

Topics in Internal Medicine

October 23 – 25, 2020

Course Director: Bruce Campbell, M.D.

COURSE DESCRIPTION

This 3-day live virtual program will emphasize new disease management guidelines in various subspecialties; discuss practical issues for primary care providers; provide updates on current trends in internal medicine; and introduce new therapies and information relative to the treatment of patients. Course format will include lectures, panel discussions, workshops, and case presentation sessions.

TARGET AUDIENCE

This continuing medical education activity is appropriate for healthcare providers, including physicians, physician assistants and nurse practitioners in the areas of Primary Care, Family Medicine, Family Practice, General Practice and Internal Medicine.

EDUCATIONAL OBJECTIVES

This activity addresses the Medical Knowledge and Patient Care ACGME/ABMS competencies.

Upon conclusion of this program participants should be able to:

Evaluate and manage: Asthma; Elevated liver chemistries; Urgent care issues; Pneumonia; Diabetes; Anxiety and depression; PCOS

Review: CT Lung screening; Management of Non-ST Elevation MI; TAVR; Atrial fibrillation; Peripheral vascular disease; Parkinson's disease; Viral hepatitis; Treatment of osteoarthritis; Management of IBD; Treatment of prostate cancer; How to taper of opioids; Evaluation of penicillin allergy; COVID-19; Peyronie's

Identify: Spondylarthropathies; Hematologic diseases; Common presentations of dementia

ACCREDITATION

Lahey Clinic Hospital, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION

Lahey Clinic Hospital, Inc. designates this live activity for a maximum of 14.25 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMERICAN BOARD OF INTERNAL MEDICINE (ABIM) - MAINTENANCE OF CERTIFICATION

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.25 MOC in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.



AMERICAN ASSOCIATION OF NURSE PRACTITIONERS™

This program is pending approval by the American Association of Nurse Practitioners (AANP), and the American Academy of Family Physicians (AAFP).

FRIDAY, October 23, 2020

12:45 p.m. **Welcome and Introduction**

Moderator: Bruce Campbell, M.D.

1:00 **CT Lung Screening Updates**
Andrea McKee, M.D.

1:30 **Asthma in 2020 — With Special Focus on New Guideline Updates**
Nicole L. Grossman, M.D.

2:00 **Outpatient Approach to Abnormal Liver Function Tests**
Carmi S. Punzalan, M.D., M.S.

2:30 **Spondylarthropathies — What You Need to Know**
S. Christine Ernst Kovacs, M.D., M.P.H.

3:00 **Panel Discussion**

3:15 **Break**

3:45 **Management of Non-ST Elevation MI**
Sherif B. Labib, M.D., F.A.C.C.

4:15 **TAVR-Transcatheter Aortic Valve Replacement — Update**
Gautam Gadey, M.D.

4:45 **Urgent Care Update and Tricks of the Trade**
Mark Gendreau, M.D., F.A.C.E.P., C.P.E.

5:15 **An Overview of Parkinson's Disease**
Diana Apetauerova, M.D.

5:45 **Panel Discussion**

6:00 p.m. **Adjourn**

SATURDAY, October 24, 2020

7:30 a.m. **Interesting Case Presentations**
Aleksandra Kolnick, D.O.
Lahey Internal Medicine Resident

Moderator: Peter Soderland, M.D.

8:00 **Pneumonia: Hot Topics and Controversies**
Avignat S. Patel, M.D.

8:30 **ABC's of Viral Hepatitis**
Stephen C. Fabry, M.D.

9:00 **Treatment of Knee Osteoarthritis**
Brian J. Jolley, M.D.

9:30 **IBD management in 2020**
Kristen E. Farwell M.D.

10:00 **Panel Discussion**

10:15 **Break**

10:45 **COVID-19**
J. Morgan Freiman, M.D., M.Sc.

11:15 **Prostate Cancer Diagnosis and Management in 2020**
William C. Faust, M.D.

11:45 **Penicillin Allergy: Evaluation and Testing**
Ellen J. Dutta, M.D.

12:15 p.m. **An Overview of Atrial Fibrillation**
Jonathan S. Silver, M.D., F.A.C.C., F.H.R.S.

12:45 **Panel Discussion**

1:00 p.m. **Adjourn**

SUNDAY, October 25, 2020

7:30 a.m. **Interesting Case Presentations**
Ravi Teja Pasam, M.D.
Lahey Internal Medicine Resident

Moderator: Robert Faust, M.D.

8:00 **Common Presentations of Dementia: Diagnosis and Management**
Oleg Yerstein, M.D.

8:30 **Managing PCOS to Make PCOS Manageable**
Dinamarie C. Garcia-Banigan, M.D.

9:00 **Straightening the Curve: An Update on Peyronie's Disease**
Andrew McCullough, M.D.

9:30 **Peripheral Arterial Disease: A Primer**
Michael S. Levy, M.D.

10:00 **Panel Discussion**

10:15 a.m. **Break**

WORKSHOP I

10:45

Workshop 1A

- 11:30 a.m. ****How to Successfully Taper Opioids: Techniques, Tips and What to Do Next**
Andrew G. Kowal, M.D.

Workshop 1B

Depression and Anxiety: The Iceberg Beneath the Symptom, and Tips and Tricks on How to Address it
David W. Van Norstrand, M.D., Ph.D.

***This activity meets the criteria of the Massachusetts Board of Registration in Medicine for risk management credit, including .75 credits in effective pain management and prescribing of controlled substances.*

WORKSHOP II

11:45

Workshop 2A

- 12:30 p.m. **Anemia, Lymphoma, and Multiple Myeloma Diagnosis Tips and Pearls for Primary Care Providers**
Russell Baur, M.D.

Workshop 2B

Diabetes Workshop 2020: Old Dog New Tricks
Leo Tchong, M.D.

12:30 p.m. **Adjourn**

Registration

TOPICS IN INTERNAL MEDICINE

OCTOBER 23 - 25, 2020

Live virtual meeting information will be given following your registration.

- Registration Fees:
- Physicians \$500
 - Advanced Care Practitioners \$450
 - Residents/Fellows \$100

REGISTER ONLINE: <https://cmetracker.net/LAHEY>

—or—

MAIL OR FAX THIS FORM WITH PAYMENT TO:

Lahey Clinic Hospital, Inc., Continuing Medical Education
41 Mall Road, Burlington, MA 01805
Fax: 781-744-2930

Please print clearly or type all information. (Email confirmations will be sent.)

Name: _____ Degree: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Fax: _____

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PAYMENT BY CHECK:

Must be in U.S. funds payable to: Lahey Clinic Hospital, Inc.

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Please contact the Continuing Medical Education Office if you have any special needs that require additional assistance.

THERE WILL BE A \$50 FEE FOR CANCELLATION.

LAHEY HOSPITAL & MEDICAL CENTER FACULTY

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Tufts University School of Medicine

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President of the Rescue Lung,
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COURSE INFORMATION

<https://cmetracker.net/LAHEY>

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