DEPARTMENT OF MEDICINE PRESENTS

Topics in Internal Medicine
October 16 – 18, 2022

Mill Falls at the Lake
Lake Winnipesaukee
Meredith, NH
COURSE DESCRIPTION
This program will emphasize new disease management guidelines in various subspecialties; discuss practical issues for primary care providers; provide updates on current trends in internal medicine; and introduce new therapies and information relative to the treatment of patients. The course format will include lectures, panel discussions, workshops, and case presentation sessions.

TARGET AUDIENCE
This continuing medical education activity is appropriate for healthcare providers including, physicians, physician assistants, and nurse practitioners in the areas of Primary Care, Family Medicine, Family Practice, General Practice and Internal Medicine.

EDUCATIONAL OBJECTIVES
This activity addresses the Medical Knowledge and Patient Care ACGME/ABMS competencies.

Upon conclusion of this program participants should be able to:

**Evaluate and manage:** hypogonadism, advanced care planning, overactive bladder and urinary incontinence, obesity, dyslipidemia, back pain, chronic pain and addiction, diabetes, suicide prevention, hair loss, COVID-19

**Review:** viral hepatitis, gout and pseudogout, medical marijuana, allergen immunotherapy, gender affirming care, office-based procedures, chronic kidney disease, diabetic retinopathy screening, updates in urgent care, commercial travel medical issues

**Identify:** tick borne diseases, bipolar disorder, common rheumatologic conditions, EKG abnormalities, valvular heart disease

ACCREDITATION
Lahey Clinic Hospital, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION
Lahey Clinic Hospital, Inc. designates this live activity for a maximum of 13.75 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMERICAN BOARD OF INTERNAL MEDICINE (ABIM) – MAINTENANCE OF CERTIFICATION
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 13.75 MOC in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

AMERICAN ASSOCIATION OF NURSE PRACTITIONERS™
This program is pending approval by the American Association of Nurse Practitioners (AANP), and the American Academy of Family Physicians (AAFP).
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- Identify: tick borne diseases, bipolar disorder, common rheumatologic conditions, EKG abnormalities, valvular heart disease.

SUNDAY, October 16, 2022
12:00 p.m. Registration and Refreshments
12:45 Welcome and Introduction
Moderator: Dinamarie C. Garcia-Banigan, M.D., M.P.H., F.A.C.E., C.H.E.S.
1:00 Suicide Prevention: Screening and Treatment in Primary Care
David Van Norstrand, M.D., Ph.D.
1:30 Management of Overactive Bladder and Urinary Incontinence
Lara MacLachlan, M.D.
2:00 Current Lipid Management in Primary and Secondary Prevention
Jason Grossman, M.D.
2:30 ABC’s of Viral Hepatitis
Stephen Fabry, M.D.
3:00 Q&A/Panel Discussion
3:15 Break
3:45 Tick Borne Diseases in NE: Identification, Prevention and Treatment
Daniel P. McQuillen, M.D., F.I.D.S.A., F.A.C.P.
4:15 Bipolar Disorder Management in Primary Care
Smita Patel, M.D.
4:45 Hair Loss for the General Internist
Maryanne Senna, M.D., F.A.A.D.
5:15 The Value of Remote Diabetic Retinopathy Screening in Primary Care
David Ramsey, M.D., Ph.D., M.P.H.
5:45 Q&A/Panel Discussion
6:00 p.m. Adjourn and Welcome Reception

MONDAY, October 17, 2022
7:00 a.m. Registration and Continental Breakfast for Registrants
7:30 Interesting Case Presentations
Lahey Internal Medicine Resident
Moderator: Peter Soderland, M.D.
8:00 Medical Issues with Commercial Air Travel
Mark Gendreau, M.D., F.A.C.E.P., C.P.E.
8:30 Update on Valvular Heart Disease
Sherif Labib, M.D.
9:00 Allergen Immunotherapy
Zoe Rosenbaum, M.D.
9:30 Gender Affirming Care – A Surgical Primer
Khushabu Kasabwala, M.D.
10:00 Q&A/Panel Discussion
10:15 Break
10:45 Gout and Pseudogout Made “Crystal Clear”
S. Christine Ernst Kovacs, M.D., M.P.H.
11:15 Testosterone Replacement in Men: Risks and Benefits
“Every Pancake has Two Sides”
Andrew McCullough, M.D
11:45 A 50 Year Journey of Lahey’s Topics in Internal Medicine and Medical Advances
Bruce Campbell, M.D.
12:15 p.m. COVID-19 in 2022: Variants, Vaccines, Victory?
J. Morgan Freiman, M.D., M.Sc.
12:45 Q&A/Panel Discussion
1:00 Adjourn
TUESDAY, October 18, 2022

7:00 a.m.  Registration and Continental Breakfast for Registrants

7:30  Interesting Case Presentations
Lahey Internal Medicine Resident

Moderator: Robert Faust, M.D., F.A.C.P.

8:00  SGLT2 and You
Peter Soderland, M.D.

8:30  Advance Care Planning to Promote Goal-Concordant Care
Gary Winzelberg, M.D. M.P.H., F.A.C.P.

9:00  Office Based Procedures
Timothy Oman, M.D.

9:30  Medical Marijuana in 2022: An Update
Robert Faust, M.D., F.A.C.P.

10:00  Updates in Obesity Medicine
Amanda Powell, M.D.

10:30  Q&A/Panel Discussion

10:45  Break

WORKSHOP I
11:15  - 12:00 p.m.
Workshop 1A
Physical Examination and Imaging of Common Rheumatologic Conditions
Michael Pincus, D.O.

Workshop 1B
A Brave New World in Diabetes Care
Rebecca Longo, A.C.N.P.-B.C., C.D.C.E.S.

WORKSHOP II
12:10  - 12:55 p.m.
Workshop 2A
Chronic Pain Management & Addiction Medicine Pearls in Primary Care 2022: A Case Based Discussion
Andrew Kowal, M.D., F.A.S.A.M.

*This activity meets the criteria of the Massachusetts Board of Registration in Medicine for risk management credit, including .75 credits in effective pain management and prescribing of controlled substances.

Workshop 2B
Interactive ECG Workshop

1:00 p.m.  Adjourn
Registration
TOPICS IN INTERNAL MEDICINE
OCTOBER 16 – 18, 2022

Registration Fees:
☐ Physicians $700
☐ Advanced Care Practitioners $650

REGISTER ONLINE
https://cmetracker.net/LAHEY
—or—
MAIL OR FAX THIS FORM WITH PAYMENT TO:
Lahey Clinic Hospital, Inc.
Continuing Medical Education
41 Mall Road, Burlington, MA 01805
Fax: 781-744-2930

Please print clearly or type all information. (Email confirmations will be sent.)
Name: _______________________________ Degree: __________
Address: ________________________________
City: __________________________ State: _____ Zip: __________
Telephone: __________________________ Fax: __________________________
Email (required): ____________________________________________
ABIM# (required for MOC Points): ________________________________

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Must be in U.S. funds payable to: Lahey Clinic Hospital, Inc.

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☐ Mastercard ☐ VISA ☐ American Express ☐ Discover

Name as it appears on credit card: ________________________________
Account #: ________________________________
Expiration Date: ________________________________
Amount to be charged: ________________________________
Signature: ________________________________________

Please contact the Continuing Medical Education Office if you have any special needs that require additional assistance.
There will be a $50 cancellation fee for all registration cancellations.
<table>
<thead>
<tr>
<th>Name</th>
<th>Title and Department</th>
<th>Tufts University School of Medicine</th>
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<tbody>
<tr>
<td>Bruce B. Campbell, M.D.</td>
<td>Chair, Division of Executive Health, Clinical Associate Professor of Medicine</td>
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<tr>
<td>Stephen C. Fabry, M.D.</td>
<td>Division of Gastroenterology, Director, Gastroenterology Fellowship, Clinical Associate Professor of Medicine</td>
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<tr>
<td>Robert R. Faust, III, M.D., F.A.C.P.</td>
<td>Division of General Internal Medicine, Program Director, Internal Medicine Residency, Clinical Assistant Professor</td>
<td>Tufts University School of Medicine</td>
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<tr>
<td>J. Morgan Freiman, M.D., M.Sc.</td>
<td>Division of Infectious Disease, Director, Antimicrobial Stewardship, Assistant Professor of Medicine</td>
<td>Tufts University School of Medicine</td>
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<tr>
<td>Dinamarie C. Garcia-Banigan, M.D., M.P.H., F.A.C.E., C.H.E.S.</td>
<td>Chair, Division of Endocrinology, Diabetes, and Metabolism, Co-Director, Center for Sexual and Reproductive Health, Co-Director, Transgender Health Program, Clinical Assistant Professor</td>
<td>Tufts University School of Medicine</td>
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<tr>
<td>Mark A. Gendreau, M.D., F.A.C.E.P., C.P.E.</td>
<td>Chief Medical Officer, Beverly Hospital, Assistant Professor of Emergency Medicine</td>
<td>Tufts University School of Medicine</td>
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<tr>
<td>Jason R. Grossman, M.D.</td>
<td>Division of Cardiology, Director, Preventive Cardiology and Lipid Clinic, Medical Director, Ambulatory Cardiology, Clinical Assistant Professor of Medicine</td>
<td>Tufts University School of Medicine</td>
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<tr>
<td>Khushabu D. Kasabwala, M.D.</td>
<td>Division of Urology, Co-Director, Transgender Health Program, Assistant Professor of Urology</td>
<td>Tufts University School of Medicine</td>
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<td>S. Christine Ernst Kovacs, M.D., M.P.H.</td>
<td>Division of Rheumatology, Clinical Assistant Professor of Medicine</td>
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<td>Andrew G. Kowal, M.D., F.A.S.A.M.</td>
<td>Interventional Pain Management Center, Clinical Assistant Professor of Anesthesiology</td>
<td>Tufts University School of Medicine</td>
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<tr>
<td>Sherif B. Labib, M.D.</td>
<td>Division of Cardiology, Director, Echocardiology Laboratory, Associate Professor of Medicine</td>
<td>Tufts University School of Medicine</td>
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<td>Michael S. Levy, M.D., M.P.H., F.S.V.M., F.S.C.A.I., F.A.C.C.</td>
<td>Division of Cardiology, Assistant Professor of Medicine</td>
<td>Tufts University School of Medicine</td>
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<td>Rebecca L. Longo, A.C.N.P.-B.C., C.D.C.E.S.</td>
<td>Division of Endocrinology, Diabetes, and Metabolism, Endocrinology Lead for Diabetes Care and Quality</td>
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<td>Division of Infectious Disease, Director, Solid Organ Transplant Infectious Disease, President, Infectious Diseases Society of America, Assistant Professor of Medicine</td>
<td>Tufts University School of Medicine</td>
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<td>Clinical Assistant Professor of Family Medicine</td>
<td>Tufts University School of Medicine</td>
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<td>Division of Psychiatry and Behavioral Medicine, Clinical Assistant Professor in Psychiatry</td>
<td>Tufts University School of Medicine</td>
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<td>Michael D. Pincus, D.O.</td>
<td>Division of Rheumatology, Clinical Assistant Professor of Medicine</td>
<td>Tufts University School of Medicine</td>
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<td>Amanda Powell, M.D.</td>
<td>Chair, Division of Lifestyle Health, Assistant Professor of Medicine</td>
<td>Tufts University School of Medicine</td>
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<td>David J. Ramsey, M.D., Ph.D., M.P.H.</td>
<td>Division of Ophthalmology, Harry N. Lee Family Chair in Innovation, Director of Ophthalmic Research, Associate Professor of Ophthalmology</td>
<td>Tufts University School of Medicine</td>
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<td>Zoe Rosenbaum, M.D.</td>
<td>Division of Allergy and Immunology, Clinical Assistant Professor of Medicine</td>
<td>Tufts University School of Medicine</td>
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<tr>
<td>Maryanne Makredes Senna, M.D., F.A.A.D.</td>
<td>Division of Dermatology, Director, Lahey Hair Loss Center of Excellence, Assistant Professor of Dermatology</td>
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<td>Division of Nephrology, Clinical Assistant Professor of Medicine</td>
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<td>David W. Van Norstrand, M.D., Ph.D.</td>
<td>Director, Consult Psychiatry, Division of Psychiatry and Behavioral Medicine, Assistant Professor of Psychiatry</td>
<td>Tufts University School of Medicine</td>
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<td>Gary S. Winzelberg, M.D., M.P.H., F.A.C.P.</td>
<td>Chair, Division of Palliative Care and Geriatic Medicine, Visiting Clinical Associate Professor in Medicine</td>
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LOCATION/ACCOMMODATIONS/ATTRACTIONS

The timeless all-seasons Resort on Lake Winnipesaukee, Mill Falls offers 4 unique lakeside Hotels and Inns — Church Landing, Bay Point, Chase House, and The Inn at Mill Falls. All of the inns are within a short walking distance from each other. Situated in the heart of the Lakes Region, Mill Falls is the ideal headquarters for year round sports and recreational enjoyment. Take a short walk to the lake for swimming, boating, fishing or water-skiing, or head for the mountains to hike, snow ski or snowmobile. Here at Mill Falls you will find yourself in the center of a four-seasoned playground. Mill Falls aspires to be the premier hospitality destination in Northern New England. Mill Falls is committed to providing exceptional service in a clean, well-maintained, unique environment that enhances our community, while ensuring our staff and customers enjoy everything our region has to offer.

A limited number of rooms are reserved at Mill Falls at the Lake until Sept. 16th at a special group rate for meeting registrants. When making a reservation, attendees must identify themselves as participants of the Lahey Hospital & Medical Center’s Topics in Internal Medicine course to ensure they receive the correct rate and group placement. Rates cannot be changed upon arrival for any guests who did not identify themselves when making their reservation.

For reservations, please contact Mill Falls directly via phone at (844) 745-2931, or online at https://millfalls.reztrip.com/ext/promo?property=2139&mode=b&pm=true&sr=741745&vr=3

DIRECTIONS TO MILL FALLS AT THE LAKE
281 Daniel Webster Highway, Meredith, NH 03253

Use the below physical addresses to bring you to the doorstep of each individual hotel.

Church Landing | 281 Daniel Webster Highway, Meredith, NH 03253
The Inn at Mill Falls | 312 Daniel Webster Highway, Meredith, NH 03253
Chase House | 300 Daniel Webster Highway, Meredith, NH 03253
Bay Point | 1 Route 25, Meredith, NH 03253

COURSE INFORMATION
https://cmetracker.net/LAHEY
Lahey Hospital & Medical Center, Continuing Medical Education, 41 Mall Road, Burlington, MA 01805
EMAIL: kim.e.scroxton@lahey.org
PHONE: 781-744-8056
FAX: 781-744-2930