



# Advancing Lahey

*News of Philanthropic Opportunities and Progress at Your Clinic*



## A message from Joseph C. Corkery, M.D.

I am pleased to announce a new opportunity for grateful patients and their families to say “thank you” to their Lahey caregivers by naming them as a [Champion of Care](#).

Your “Champion of Care” will receive an acknowledgment letter and a Champion pin, designating them a Champion of Care. Such recognition of both their personal commitment and professional expertise in caring for our patients is highly rewarding for our staff and these funds support our mission to advance medical education, research, and the delivery of the highest quality, safest care with the utmost compassion.

**If you want to get engaged in advancing Lahey through philanthropic investment, please contact [me](#) or the [Philanthropy Team](#), 781.744.3333, or make an [online gift](#) now.**

## Your Philanthropic Gifts Underwrite Lahey’s Success

This issue of *Advancing Lahey* looks at how your charitable donations help the physicians, surgeons, researchers, and staff of the Dr. Emanuel and Sheila Landsman Heart & Vascular Center fight heart disease, the nation’s number one killer, and advance medical research, education, and patient treatment within this specialty to care for you and your loved ones.

## Ensuring Excellence and National Recognition

Lahey Clinic has been named one of the nation’s [50 Top Cardiovascular Hospitals](#) by Thomson Reuters. The Thomson Reuters study examined the performance of more than 1,000 hospitals by analyzing outcomes for patients with heart failure and heart attacks and for those who received coronary bypass surgery and percutaneous coronary interventions such as angioplasties. In the thirteen years that this recognition has been awarded, Lahey’s Dr. Emanuel and Sheila Landsman Heart & Vascular Center has received this distinction nine times.

Congratulations to the Landsman Heart & Vascular Center physicians selected as “Top Docs” for 2011 by [Boston magazine](#)<sub>1</sub> and/or [U.S. News & World Report](#)<sub>2</sub>:

- David T. Martin, M.D., Cardiac Electrophysiology<sub>1, 2</sub>
- Bruce E. Mirbach, M.D., Cardiovascular Disease<sub>1, 2</sub>
- Richard W. Nesto, M.D., Cardiovascular Disease<sub>1, 2</sub>
- Edgar C. Schick, M.D., Cardiovascular Disease<sub>2</sub>
- Thomas C. Piemonte, M.D., Interventional Cardiology<sub>1, 2</sub>
- Richard S. D’Agostino, M.D., Thoracic Surgery<sub>1, 2</sub>
- Christina Williamson, M.D., Thoracic Surgery<sub>1, 2</sub>
- Nicholas P. Tsapatsaris, M.D., Vascular Medicine (Internist)<sub>2</sub>
- Edward R. Jewell, M.D., Vascular Surgery<sub>1, 2</sub>

**Superb care is priceless.  
Your support makes it possible.**





Judith "Judi" Chase

## Enjoying Every Day

Judith Chase underwent cardiothoracic surgery at Lahey Clinic in July and the news was good. She credits Lahey physicians Andrew Villanueva, M.D., and Christina Williamson, M.D., for their skill, professionalism, and extraordinary care.

"The doctors and nurses were wonderful," Judi said. "Dr. Villaneuva took the time to explain what was going on."

Following surgery, Judi couldn't lie down—even to sleep—and had to sit upright in a chair while she recuperated. In gratitude for the care she received, she chose to donate something personal to her experience: two state-of-the-art medical recliners for cardiothoracic patients. "It feels good to do something I can visualize, which supports someone else's comfort," she explained.

Judi, 60, a retired speech pathologist, and her husband Mark, have two adult children. The Chases split their time between South Portland, Maine, and Fort Myers Beach, Florida.

Happiest by the water, Judi is content walking the beach with her dog. "I am very lucky. My positive Lahey experience taught me to enjoy every day."

## Advancing Medicine Through Research

Specialists at the Landsman Center continuously contribute to important outcomes research that directly impacts patient care. Our main focus is to offer patients the latest advances in treatment. Clinical trials are currently underway to test devices, medications, and therapies to increase the options available for our patients. View examples of our [current trials](#).

## Lahey Cardiologists Spearheading Less-Invasive Approach for Cardiac Catheterization

Lahey cardiologists are at the forefront of a national trend using a safer and less-invasive approach for cardiac catheterization and interventions.

The traditional approach to cardiac catheterization involves introduction of catheters through the groin artery, or femoral approach. This is associated with prolonged recovery times and on occasion, severe bleeding complications. The radial artery approach, on the other hand, uses a small artery of the wrist as an access point.

"The advantage of the radial approach," explained Christopher Pyne, M.D., a pioneer of this technique at Lahey and national expert involved in the creation of guidelines and training considerations for its use, "is that it offers a much faster recovery without the bleeding risks, making the procedure safer for patients and more comfortable." Dr. Pyne published two studies this year that showcase the efficacy and safety of this approach, even among patients who present with a heart attack.

Data presented by Lahey researchers at the annual meeting of the Society of Cardiac Angiography and Interventions this year show that Lahey cardiologists are ahead of the national curve in terms of adoption of this approach. "We are at the point where a majority of our cases are being done transradially," said Sergio Waxman, M.D., associate director, Cardiac Catheterization Laboratory, and lead author of the study, "which is likely to become a national trend to the benefit of our patients."



**Donor generosity makes advances possible which benefit patients like you. The patients and staff of the Dr. Emanuel and Sheila Landsman Heart & Vascular Center thank you for your support.**