



ADVANCING LAHEY

News of Philanthropic Opportunities and Progress at Your Clinic

Summer 2011



A message from

Joseph C. Corkery, M.D.

The Board of Trustees and the President and CEO of Lahey Clinic recently asked me to become the Clinic's chief institutional advancement officer. In this role, I will work to assure that Lahey's vision and interests are well represented with community leaders, as well as with other hospitals and governmental agencies. I will also partner with the Trustee Philanthropy Committee and the Lahey philanthropy staff to develop and implement strategic fund-raising plans that advance Lahey's mission.

This new post follows my previous service as Lahey's chief medical officer (1996-2011) and as a Lahey trustee (1993-2011). Fortunately, I will also be able to continue my clinical practice in the Department of General Internal Medicine, which I had the privilege of chairing for 20 years.

These experiences, combined with the ongoing opportunity of caring for our patients, have prepared me to work with our philanthropic stakeholders, like you, to advance Lahey. I look forward to reporting our philanthropic opportunities and progress to you via this e-newsletter.

If you want to get involved in advancing Lahey through philanthropic investment, please contact [me](#) or the [Philanthropy Team](#), 781.744.3333.

Your Philanthropic Gifts Underwrite Lahey's Successes

Donors are essential members of our lifesaving team. Literally, there is no department, program, or patient at Lahey that does not benefit from charitable contributions raised by the Philanthropy Team. How is this possible? Because the funds raised through the Lahey Fund go directly to general budgetary relief for the Clinic to support the day-to-day activities of the medical center.

It is fair to say that Lahey's philanthropic revenues address the Clinic's top priorities and advance medical education, research, and patient care. Donations from grateful patients, friends, local companies, and foundations help Lahey attract highly qualified staff, buy vital new equipment, expand and refurbish Lahey medical facilities, fund physician and nursing education, offer patient education and support groups, and carry out essential services. In this issue of **Advancing Lahey**, we will look at how your charitable donations help the Department of Colon and Rectal Surgery advance medical research and patient care within this specialty.

Your Support Advances Research

Long-Term Follow-up After an Initial Episode of Diverticulitis: What Are the Predictors of Recurrence?

A recent study conducted by researchers at Lahey Clinic concludes that although diverticulitis recurrence is common following an initial attack that has been managed medically, complicated recurrence is uncommon. Relying on data captured from the records of 954 patients treated at Lahey between 2002 and 2008, the study was published in the March 2011 issue of *Diseases of the Colon and Rectum*, the official journal of the American Society of Colon and Rectal Surgeons. [View the abstract.](#)

The study also found that patients who present with a family history of diverticulitis, long segment of involved colon, and/or retroperitoneal abscess

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**Superb care is priceless.
Your support makes it possible.**



Art Tarlow at Montauk Airport

Lahey Gave Me My Life Back

“I came to Lahey because my father originally received excellent care here,” explained Arthur Tarlow. “In 1993, I was rushed to Lahey for emergency surgery after my appendix burst returning from a business trip to Chicago. Later, I returned to have a colon tumor successfully removed. Lahey gave me my life back!”

Mr. Tarlow and both his parents are grateful Lahey patients. The family has been very generous to Lahey Clinic and has established the Tarlow Center for Research and Education within the Department of Colon and Rectal Surgery.

Arthur Tarlow is the president of the prestigious family firm, the [Alden Shoe Company](#), which was founded in 1884 and is now the only original New England shoe and bootmaker remaining. Alden designs and manufactures gentlemen’s footwear in an “American Traditional” style. Film buffs may recall that Alden boots were the shoe of choice for movie adventurer [Indiana Jones](#).

Arthur Tarlow enjoys his own adventures in the sky when piloting his twin-engine Beechcraft for business and family trips. “When we have needed them most,” he added, “the Lahey doctors and nurses have always come through for us with excellent, compassionate care.”

“Thank you, Lahey!”

Your Support Advances Research (continued)

are at higher risk for recurrent disease. Patients who present with right-sided diverticulitis are at low risk for recurrent disease.

These research findings from Lahey will be a useful guide for colon and rectal surgery departments across the globe when counseling patients regarding the potential benefits of prophylactic colectomy (the surgical operation in which part or all of the colon is removed).

The research team, which was supported in part by benefactors, such as the John P. Wajda Trust, included Jason F. Hall, M.D., M.P.H.; Peter W. Marcello, M.D.; Thomas Read, M.D.; Rocco Ricciardi, M.D., M.P.H.; Patricia L. Roberts, M.D.; Christopher D. Scheirey, M.D.; David J. Schoetz, Jr., M.D.; and Christoph Wald, M.D., Ph.D.

Nurses Recognized for Exceptional Patient Care

Lahey Clinic’s 18th Annual Patient Care Awards recognized two nurses for going above and beyond in delivering exceptional care to colorectal patients. Donna Loehner, R.N., C.W.O.C.N., and Kerry Casey, R.N., C.W.O.C.N., were joint recipients of the award, which was presented by their department chair, Patricia Roberts, M.D. As certified wound, ostomy, and continence nurses, Ms. Loehner and Ms. Casey are integral members of Lahey’s [Department of Colon and Rectal Surgery](#). They provide specialized care (enterostomal therapy) for patients with inflammatory bowel diseases and cancers of the colon and rectum.

The Patient Care Awards are given each year to peer-nominated colleagues who exemplify the ideals of their profession and who contribute to a culture of empathetic, high quality patient care.

Lahey’s Patient Care Awards are supported in part by benefactors, such as the Stephen Karp family.

Ms. Casey and Ms. Loehner



Donor generosity makes advances possible which benefit patients like you.

The patients and staff of the Department of Colon and Rectal Surgery thank you for your support.